

MM-M2011143

Seat No.

Master of Physiotherapy Examination January - 2018 Physiotherapy in Musculoskeletal Conditions & Sports (Elective - II)

Time: 3 Hours] [Total Marks: 100

Instructions: (1) The answers should be specific to the questions asked.

- (2) The answers should have clinical reasoning and be evidence based.
- (3) Draw neat labeled diagrams wherever necessary
- (4) Answer all the questions.

A LONG ESSAYS

 $2 \times 20 = 40$

- 1 Explain in detail physiotherapy management for patient complaining of low back pain during lumbar extension.
- Write the assessment and management of a 25 year old male with severe knee pain following a football match.

B SHORT ESSAYS

 $6 \times 10 = 60$

- 1 Explain SNAGs for the lumbar spine.
- 2 Explain McKenzies therapy for a 28 year old male with postural syndrome.
- **3** Explain post isometric relaxation technique with appropriate examples.
- 4 Evidence based practice and clinical reasoning for maitlands mobilization technique.
- 5 Neurological complications of locomotor disorders.
- 6 Balance and Proprioception training.

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